



## November 2012 Edition

### FLOOD AND MOULD

The New York State Department of Health is currently advising residents dealing with floods to be mindful of the presence of mould.

Under the right humidity and moisture conditions, mould can emerge and multiply rapidly in many areas of a structure: including ceiling tile, drywall, paper and natural fiber carpet padding. Mould can cause serious health problems and damage to a home.

The most common effects of mould contamination include allergic reactions such as hay fever, asthma and irritation of the eyes, nose, throat or lungs. Allergic responses come from exposure to dead and living mould spores. Many types of moulds produce toxins under certain growth conditions. Serious infections from living moulds are rare and occur mainly in people with severely suppressed immune systems. Kill and remove mould spores and prevent them from returning and colonizing with **Allergy Canada's** AllerMold Spray.

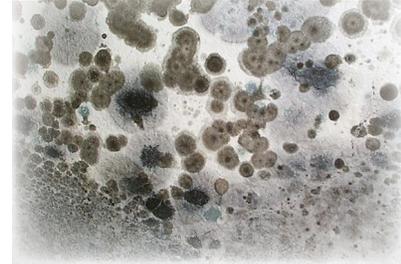
#### How do I know if I have a mould problem?

A mould problem can usually be identified visually or through smell. Mould growth often appears as slightly furry, discolored, or slimy patches that increase in size. Moulds also produce a musty odour and that may be the first indication of a problem. If you can see or smell mould, you have a mould problem. It may be necessary to look behind and underneath surfaces such as carpets, wallpaper, cabinets and walls.

Some areas of the home are always susceptible to mould growth and should be part of routine cleaning to keep them under control.

These are:

- Refrigerator door seal
- Shower curtains
- Window moldings
- On and around air conditioners
- Shower stalls and bathroom tiles, use **Allergy Canada's** Anti-Mould Shower Curtain and AllerMold Spray



Mould infestation

#### What are common symptoms of mould exposure?

Allergy and irritation are the most common symptoms of mould exposure. Although symptoms will vary, the most common symptoms in people exposed to mould indoors include:

- Nasal and sinus congestion
- Eye irritation: itchy, red, watery eyes
- Respiratory: wheezing and difficulty breathing
- Cough
- Throat irritation
- Skin irritation: such as a rash
- Headache

The best practice regardless of the type or amount of mould is to promptly clean up all mould growth using **Allergy Canada's** mould-eliminating products in your home and to correct the water problem that caused it.

#### DID YOU KNOW?

**That each mould spore that germinates can give rise to new mould growth, which in turn can produce millions of spores in as little as 24 to 48 hours!**

**Kill mould, mildew and dust mites in your home  
TAKE 10% OFF ALL  
CLEANING PRODUCTS\***

\*Special valid until November 30, 2012. Can not be combined with any other promotions.

